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**FOR IMMEDIATE RELEASE**

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**OHIO INSTITUTE OF OSTEOPATHIC MEDICINE OFFERS  
NEW SERVICE IN THE CARE OF PATIENTS**

November 2, 2023 – TIFFIN, OHIO – Dr. Zachary West and J. Dian West, RN of the Ohio Institute of Osteopathic Medicine, LLC now offer regenerative medicine services with the addition of platelet rich plasma (PRP) and platelet rich fibrin (PRF) treatment options in the care of patients.

PRP is a non-toxic, non-immune substance that comes from a patient's own blood. Platelets are naturally occurring cells in the bloodstream and contain a variety growth factors that promote tissue healing and regeneration. PRP is delivered to injured tissues including muscles, tendons, ligaments and joints to stimulate healing and tissue regeneration. PRF is a platelet concentrate where platelets, growth factors, and cells are bonded within a fibrin matrix that serves as a resorbable membrane and is utilized in wound repair.

"Platelet rich plasma offers another treatment option to patients and one that capitalizes on the self healing nature of the human body," states Dr. West. "At the Ohio Institute of Osteopathic Medicine we are committed to the care of our patients and are therefore excited to now offer this treatment option."

Platelet rich plasma is also utilized in aesthetic medicine. PRP stimulates collagen production and improves skin tone and texture to promote facial skin rejuvenation. A PRP facial combines the effects of PRP and microneedling where a microneedling device is used to create thousands of microchannels directly into the dermis and provide a method of infusing a patient's skin with their own growth factors.

"In addition to our current aesthetic medicine services, we now include a natural approach to facial aesthetic care by being the only area outfit to offer the PRP facial," states Dr. West.

As part of their recent training, Dr. West and J. Dian West, RN took part in the Shots for Soldiers program. The Shots for Soldiers program partners independent physicians with military veterans to provide PRP services to those who might not otherwise be able to afford it. Dr. West plans to bring the Shots for Soldiers program to Tiffin.

PRP and PRF services are available to both direct primary care member patients and nonmember patients at the Ohio Institute of Osteopathic Medicine, LLC. The office is located at 93 North Washington Street Tiffin, Ohio 44883. Interested patients are encouraged to call (567) 804-5777. For more information, please visit the practice website at [www.oiom.org](http://www.oiom.org).

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